Survive the Stone Age!

Here are some facts about life in the mesolithic (middle stone age), would you have the skills to survive?

**What to eat?**

We are known as hunter gatherers because we have to hunt animals and gather foods growing in the wild.

Some of my favourite foods to eat are:

- Red deer
- Wild boar
- Ducks and other birds
- Berries and hazelnuts

I’m really not keen on toads though!

**Where to live?**

We tend to move home a lot because we are looking for food. We might stay in one place for the summer then in winter we move somewhere more sheltered. We tend to live in tents whilst on the move or bigger shelters when we are staying for a while.

**How to keep warm?**

It can get very cold in the winter and at night so we keep a fire going. We can use the fire for cooking and light too. Making a fire is quite tricky, you need iron pyrite and flint stones to make a spark. To make it easier we carefully keep a hot fungus in a pouch, which can be used to heat up some dry kindling and start a new fire.

**What to wear?**

We don’t have materials like cotton or wool yet so we use animal skins and furs. We use special flint scrapers to scrape the skin clean before we make it into clothes. It’s very soft and warm …and waterproof which comes in handy in Britain! We also wear shoes made from animal skin.

**A stone scraping tool**

Try our fun quiz on Kahoot! Just use this pin to access it: 02594209
Activities to try at home

Cave Art
Don’t have a cave? Don’t worry! We’ve used old tea bags to stain some paper to look like a cave wall. Here are some common drawings found in cave art to inspire you.

Make a shelter
Collect twigs and leaves from around your garden. If you don’t have a garden you could use items from around your house instead like blankets and toys, or empty boxes – use your gathering skills!

Share Your Creations!
We would love to see what you make. Please send us your photos or tag us.

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